



Module 4: Planning Calendar

GMT-06	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am							
7am							
8am							
9am							
10am							
11am							
12pm							
1pm							
2pm							
3pm							
4pm							
5pm							
6pm							

Instructions: Block our 45 minutes per day for the next 30 days to complete Module 4